FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL				
	OMB Number:	3235-0287				
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l	hours per response:	0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person* MELCHER PATRICIA B							2. Issuer Name and Ticker or Trading Symbol HORNBECK OFFSHORE SERVICES INC /LA [HOS]									nip of Reportii oplicable) ector	ng Pers	son(s) to Is	
(Last) (First) (Middle) 103 NORTHPARK BOULEVARD, SUITE 300									action (M	onth/[Day/Year)			Officer (give title below)		Other (below)	(specify		
(Street) COVINGTON LA 70433 (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Tab	le I - Nor	n-Deriv	/ative	e Se	curitie	s Acc	quired,	Dis	posed o	f, or	Bene	ficia	ally Owi	ned			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D							Execution if any	A. Deemed xecution Date, any Month/Day/Year)				rities Acquired (A) ed Of (D) (Instr. 3,			nd Secu Bend Own	nount of rities eficially ed Following orted	Form (D) o	vnership n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
								Code	v	Amount		A) or D)	Price	Tran	saction(s) r. 3 and 4)			(111501.4)	
СОММО	N STOCK		1/2014	/2014					612(1)	A	\$	0	40,645		D			
СОММО	N STOCK												1,000		I	By IRA			
		Та	able II - D								sed of, onvertib				y Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution I if any (Month/Day	Date, Transa Code			n of Deriv Secu Acqu (A) or Dispo of (D) (Instr	of E		6. Date Exercisable and Expiration Date Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		8. Price o Derivative Security (Instr. 5)		/ D O (I	0. Ownership Form: Direct (D) Ir Indirect (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				,	Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amo or Nun of Sha						

Explanation of Responses:

1. Represents a restricted stock award granted to the reporting person for service as a non-employee director of the Company, which vested in full on the Grant Date.

/S/ Paul M. Ordogne, as poa for Patricia B Melcher

04/03/2014

** Signature of Reporting Person Da

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.