FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

CIVID ALL	TOVAL
OMB Number:	3235-028
	learned and

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

OMB ADDROVAL

1. Name and Address of Reporting Person*  HARP JAMES O JR					2. Issuer Name <b>and</b> Ticker or Trading Symbol HORNBECK OFFSHORE SERVICES INC /LA [ HOS ]									Check	all applicable) Director Officer (give title		10% Owne		wner (specify
(Last) (First) (Middle) 103 NORTHPARK BOULEVARD, SUITE 300					3. Date of Earliest Transaction (Month/Day/Year) 02/13/2010									A	below) below)  Executive Vice President & CF				
				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									ividual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Dis		Disposed	Disposed Of (D) (Instr. 3, 4			nd	5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
								Code	v	Amount		(A) or (D)	Price	e	Transa	action(s)			(111501.4)
N STOCK			02/13/2010					D		1,968(1	1)	D	\$0		166,947		D		
COMMON STOCK								F		6,871(2	2) <b>D</b> \$		\$17	7.82 16		60,076	D		
COMMON STOCK															12,784		I		By IRA
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
perivative Conversion Date Execution Conversion Date Execution (Month/Day/Year) if any		Execution if any	1 Date, ay/Year)	4. Transaction Code (Instr. 8)		of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Expiratio (Month/D	e (ar)	Amount of Securities Underlying Derivative Security (Instr. and 4)  Amoun or Numbe of			Derivativ Security (Instr. 5)		derivative Securities Beneficially Owned Following Reported	Owners Form: Direct ( or Indir (I) (Inst	D)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
	(Figure 1) (Figure 2) (Figure 2) (Figure 3)	(First) (First) (CATHPARK BOULEVARD, 1) (State)  Tab (Security (Instr. 3)  N STOCK (Month/Day/Year)	(First) (Middle) (RTHPARK BOULEVARD, SUITE 30  GTON LA 70433  (State) (Zip)  Table I - No  Security (Instr. 3)  N STOCK N STOCK N STOCK N STOCK Table II - I  2. Conversion or Exercise Price of Derivative (Month/Day/Year) [An any (Month/Day/Year)]	(First) (Middle) RTHPARK BOULEVARD, SUITE 300  FOR Table I - Non-Derive (Month/L)  Security (Instr. 3)  Table I - Non-Derive (Month/L)  N STOCK  N STOCK  Table II - Derivat (e.g., pt. of the price of Derivative Security)  2. Transaction Date (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  3. Transaction (Month/Day/Year)	(First) (Middle) 3. D  RTHPARK BOULEVARD, SUITE 300  Table I - Non-Derivative  Security (Instr. 3)  Table II - Derivative Security  Table II - Derivative Security  2. Transaction Date (Month/Day/Year)  Table II - Derivative Security  2. Table II - Derivative Security  3. Transaction Date (E.g., puts, comparing the puts of the pu	HORN   LA   1	HORNBEC   LA   HOS	HORNBECK OF   LA   HOS	Code   Conversion or Exercise Price of Derivative Security   Stock	HORNBECK OFFSHORE   LA [ HOS ]   3. Date of Earliest Transaction (Month/O2/13/2010   4. If Amendment, Date of Original Filed   5. Security (Instr. 3)   2. Transaction Date (Month/Day/Year)   2. Transaction Date (Month/Day/Year)   6. Date   7. Security (Instr. 3)   2. Transaction Date (Month/Day/Year)   7. Security (Instr. 3)   2. Transaction Date (Month/Day/Year)   7. Security (Month/Day/Year)   7. Security (Instr. 3)   2. Transaction Date (Month/Day/Year)   7. Security (Month/Day/Year)   8. Security (Month/Day/Year)	HORNBECK OFFSHORE SERV   /LA   HOS	HORNBECK OFFSHORE SERVICE   ILA   HOS	HORNBECK OFFSHORE SERVICES IN   LA   HOS	HORNBECK OFFSHORE SERVICES INC   (/LA   HoS   )	HORNBECK OFFSHORE SERVICES INC   (Check   LA   HOS   STOCK   LA   Table II - Derivative Securities Acquired (Month/Day/Year)   Month/Day/Year   Corewinder of Security   STOCK   Derivative Securities Acquired (Month/Day/Year)   STOCK   Derivative Securities Acquired (Month/Day/Year)   STOCK   Derivative Securities Acquired (Disposed of, or Beneficially Ox (e.g., puts, calls, warrants, options, convertible securities)   Stock   Stock	HORNBECK OFFSHORE SERVICES INC   ILA   HOS	HORNBECK OFFSHORE SERVICES INC  [Check all applicable)	HORNBECK OFFSHORE SERVICES INC  (First) (Middle) (First) (Middle) (STHPARK BOULEVARD, SUITE 300  Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned (Month/Day/Year)  Security (Instr. 3)  Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned Securities (Month/Day/Year)  (STOCK 02/13/2010 D D 1,968(1) D \$0 166,947 D N STOCK  12.784 I Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Following (Rostro Barrell)  (Month/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Following (Rostro Barrell)  (Month/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Following (Rostro Barrell)  (Month/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Following (Rostro Barrell)  (Month/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Following (Rostro Barrell)  (Month/Day/Year)  Amount (A) or Price (Rostro Barrell)  (Month/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  2 Oversion Disposed Of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  2 Oversion Disposed Of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  2 Oversion Disposed Of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  2 Oversion Disposed Of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  2 Oversion Disposed Of, or Beneficially Owned (e.g., puts, calls, warrants, options,	HORNBECK OFFSHORE SERVICES INC   (Check all applicable)   Check all applicable)   Check all applicable   Check a

## **Explanation of Responses:**

- $1.\ For feiture\ of\ a\ per formance-vest\ restricted\ stock\ unit\ award\ granted\ February\ 13,\ 2007.$
- 2. Payment of tax liability by delivering or withholding securities incident to the vesting of a restricted stock unit award issued in accordance with Rule 16b-3.

/s/ Paul M. Ordogne, as poa for 02/17/2010 James O. Harp, Jr.

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.