Registration No. 333-119109 Registration No. 333-124698 Registration No. 333-168908 Registration No. 333-205198 Registration No. 333-205201 Registration No. 333-233218

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

POST-EFFECTIVE AMENDMENT NO. 1 TO

FORM S-8 REGISTRATION STATEMENT NO. 333-119109
FORM S-8 REGISTRATION STATEMENT NO. 333-124698
FORM S-8 REGISTRATION STATEMENT NO. 333-168908
FORM S-8 REGISTRATION STATEMENT NO. 333-205198
FORM S-8 REGISTRATION STATEMENT NO. 333-205201
FORM S-8 REGISTRATION STATEMENT NO. 333-233218
UNDER THE SECURITIES ACT OF 1933
Hornbeck Offshore Services, Inc.

(Exact name of registrant as specified in its charter)

Delaware 72-1375844

(State or other jurisdiction of incorporation (I.R.S. Employer Identification Number) or organization)

103 NORTHPARK BOULEVARD, SUITE 300 COVINGTON, LA 70433

(Address of Principal Executive Offices) (Zip Code)
SECOND AMENDED AND RESTATED

HORNBECK OFFSHORE SERVICES, INC. INCENTIVE COMPENSATION PLAN

HORNBECK OFFSHORE SERVICES, INC. 2005 EMPLOYEE STOCK PURCHASE PLAN

(Full title of the plan)

Todd M. Hornbeck

President, Chief Executive Officer and Chairman Hornbeck Offshore Services, Inc. 103 Northpark Boulevard, Suite 300 Covington, Louisiana 70433 (985) 727-2000

(Name, address and telephone number, including area code, of agent for service)

With Copies to:

Samuel A. Giberga
Executive Vice President and General Counsel
Hornbeck Offshore Services, Inc.
103 Northpark Boulevard, Suite 300
Covington, Louisiana 70433
(985) 727-2000

R. Clyde Parker, Jr., Esq. Winstead PC 24 Waterway Avenue, Suite 500 The Woodlands, Texas 77380 (281) 681-5900

Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, a non-accelerated filer, or a smaller reporting company. See the definitions of "large accelerated filer," "accelerated filer," and "smaller reporting company" in Rule 12b-2 of the Exchange Act.

Large accelerated filer □	Accelerated filer □
Non-accelerated filer \square (Do not check if a smaller reporting company)	Smaller reporting company x

EXPLANATORY NOTE

This Post-Effective Amendment No. 1 to the following Registration Statements on Form S-8 (the "Registration Statements") is being filed to withdraw and deregister certain shares of common stock, \$0.01 par value per share (the "Shares"), of Hornbeck Offshore Services, Inc. (the "Company") that were registered for issuance pursuant to either the Second Amended and Restated Hornbeck Offshore Services, Inc. Incentive Compensation Plan, as amended (the "Incentive Compensation Plan") or the Hornbeck Offshore Services, Inc. 2005 Employee Stock Purchase Plan (the "Stock Purchase Plan"):

- Registration Statement No. 333-119109, filed with the SEC on September 17, 2004, for the purpose of registering 3,293,910 Shares issuable under the Incentive Compensation Plan:
- Registration Statement No. 333-124698, filed with the SEC on May 6, 2005, for the purpose of registering 700,000 Shares issuable
 under the Stock Purchase Plan;
- Registration Statement No. 333-168908, filed with the SEC on August, 17, 2010, for the purpose of registering 700,000 Shares issuable under the Incentive Compensation Plan:
- Registration Statement No. 333-205198, filed with the SEC on June 24, 2015, for the purpose of registering 750,000 Shares under the Incentive Compensation Plan:
- Registration Statement No. 333-205201, filed with the SEC on June 24, 2015, for the purpose of registering 1,500,000 Shares under the Stock Purchase Plan: and
- Registration Statement No. 333-233218, filed with the SEC on August 8, 2019, for the purpose of registering 7,000,000 Shares under the Incentive Compensation Plan.

The Registration Statements collectively registered 11,743,910 Shares issuable pursuant to the Incentive Compensation Plan and 2,200,000 Shares issuable pursuant to the Stock Purchase Plan. The Registration Statements are hereby amended to withdraw and deregister all Shares that were previously registered and that remain unissued under the Incentive Compensation Plan and the Stock Purchase Plan.

SIGNATURES

Pursuant to the requirements of the Securities Act of 1933, the Company certifies that it has reasonable grounds to believe that it meets all of the requirements for filing on Form S-8 and has duly caused this Post-Effective Amendment No. 1 to the Registration Statements to be signed on its behalf by the undersigned, thereunto duly authorized, in the City of Covington, State of Louisiana on June 18, 2020.

HORNBECK OFFSHORE SERVICES, INC.

By: <u>/s/ Todd M. Hornbeck</u> Todd M. Hornbeck

President and Chief Executive Officer

Pursuant to the requirements of the Securities Act, this Post-Effective Amendment No. 1 has been signed by the following persons in the capacities and on the dates indicated:

SIGNATURE	TITLE	<u>DATE</u>
<u>/s/ Todd M. Hornbeck</u> (Todd M. Hornbeck)	Chairman of the Board, President, Chief Executive Officer, and Director (Principal Executive Officer)	June 18, 2020
<u>/s/ James O. Harp, Jr.</u> (James O. Harp, Jr.)	Executive Vice President and Chief Financial Officer (Principal Financial and Accounting Officer)	June 18, 2020
<u>/s/ Larry D. Hornbeck</u> (Larry D. Hornbeck)	Director	June 18, 2020
/s/ Bruce W. Hunt (Bruce W. Hunt)	Director	June 18, 2020
<u>/s/ Steven W. Krablin</u> (Steven W. Krablin)	Director	June 18, 2020
<u>/s/ Patricia B. Melcher</u> (Patricia B. Melcher)	Director	June 18, 2020
<u>/s/ Kevin O. Meyers</u> (Kevin O. Meyers)	Director	June 18, 2020
<u>/s/ Bernie W. Stewart</u> (Bernie W. Stewart)	Director	June 18, 2020
/s/ Nicholas L. Swyka Jr. (Nicholas L. Swyka Jr.)	Director	June 18, 2020