

## INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934  
or Section 30(h) of the Investment Company Act of 1940

<b>1. Name and Address of Reporting Person*</b> <u>Cook John S</u> <hr/> (Last) (First) (Middle) <u>103 NORTHPARK BOULEVARD</u> <u>SUITE 300</u> <hr/> (Street) <u>COVINGTON LA</u> <u>70433</u> <hr/> (City) (State) (Zip)	<b>2. Date of Event Requiring Statement (Month/Day/Year)</b> <u>02/14/2006</u>	<b>3. Issuer Name and Ticker or Trading Symbol</b> <u>HORNBECK OFFSHORE SERVICES INC /LA [ HOS ]</u> <hr/> <b>4. Relationship of Reporting Person(s) to Issuer (Check all applicable)</b> Director                                      10% Owner <input checked="" type="checkbox"/> Officer (give title below)                      Other (specify below) <p style="text-align: center;"><u>Vice President and CIO</u></p>	<b>5. If Amendment, Date of Original Filed (Month/Day/Year)</b>  <hr/> <b>6. Individual or Joint/Group Filing (Check Applicable Line)</b> <input checked="" type="checkbox"/> Form filed by One Reporting Person Form filed by More than One Reporting Person
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### Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
<u>Common Stock</u>	<u>50</u>	<u>I</u>	<u>By UGMA custodian for children</u>
<u>Common Stock</u>	<u>363</u>	<u>D</u>	

### Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative Security	5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares			
<u>Stock Option (right to buy)</u>	<u>05/28/2003<sup>(1)</sup></u>	<u>05/28/2012</u>	<u>Common Stock</u>	<u>12,000</u>	<u>6.63</u>	<u>D</u>	
<u>Stock Option (right to buy)</u>	<u>03/13/2004<sup>(2)</sup></u>	<u>03/13/2013</u>	<u>Common Stock</u>	<u>3,600</u>	<u>11.2</u>	<u>D</u>	
<u>Stock Option (right to buy)</u>	<u>02/17/2005<sup>(3)</sup></u>	<u>02/17/2014</u>	<u>Common Stock</u>	<u>8,000</u>	<u>13.83</u>	<u>D</u>	
<u>Stock Option (right to buy)</u>	<u>02/22/2006<sup>(4)</sup></u>	<u>02/22/2015</u>	<u>Common Stock</u>	<u>12,000</u>	<u>23.1</u>	<u>D</u>	

**Explanation of Responses:**

1. The option provides for vesting in four equal annual installments commencing on 5/28/2003.
2. The option provides for vesting in three equal annual installments commencing on 3/13/2004.
3. The option provides for vesting in three equal annual installments commencing on 2/17/2005.
4. The option provides for vesting in three equal annual installments commencing on 2/22/2006.

/s/ Paul M. Ordogne, as poa for    02/16/2006  
John S. Cook

\*\* Signature of Reporting Person                      Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.