FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	VAL				
OMB Number:	3235-0287				
Estimated average burd	en				
hours per response:	0.5				

	Check this box if no longer subject to
)	Section 16. Form 4 or Form 5
	obligations may continue. See
	Instruction 1(h)

	ion 1(b).	ide. dee		File							ies Exchan mpany Act			34		llouis	per response.	0.5
	d Address of	HC	2. Issuer Name and Ticker or Trading Symbol HORNBECK OFFSHORE SERVICES INC /LA [HOS]									Check all ap X Dire	plicable) ctor	10%	Person(s) to Issuer 10% Owner			
(Last) (First) (Middle) 103 NORTHPARK BOULEVARD, SUITE 300						3. Date of Earliest Transaction (Month/Day/Year) 07/01/2013									belo	er (give title w)	below	(specify /)
(Street) COVINGTON LA 70433					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(5		zip) e I - Nor	n-Deriv	ative	Se	curitie	s Ac	auired	. Dis	posed o	of. or	Bene	eficia	ally Own	ed		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						ction 2A. Deemed Execution Date			3. 4. Securities Transaction Code (Instr. 5)			ties Acquired (A) d Of (D) (Instr. 3, 4			5. Am Secur Benef	ount of ities icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
							v	Amount	((A) or (D)	Price	Trans	action(s) 3 and 4)		(11150.4)			
COMMON STOCK 07/01						′2013		A		458(1	1)	A	\$	0 3	39,016	D		
COMMON STOCK															1,000	I	By IRA	
		Та									osed of, onvertib				y Owned	l		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,		ansaction ode (Instr.		of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	or Nun of	ount nber res				

Explanation of Responses:

1. Represents a restricted stock award granted to the reporting person for service as a non-employee director of the Company, which vested in full on the Grant Date.

/S/ Paul M. Ordogne, as poa for Patricia B Melcher

07/03/2013

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.