FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL											
OMB Number:		3235-028									
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Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* HUNT BRUCE W					2. Issuer Name and Ticker or Trading Symbol HORNBECK OFFSHORE SERVICES INC /LA [HOS]											all applicable) Director		g Person(s) to Issuer 10% Owner		owner
(Last)	(Fi THPARK I	rst) (BOULEVARD, S	Middle) SUITE 30	00		3. Date of Earliest Transaction (Month/Day/Year) 04/01/2013										Office	er (give title v)		Other (specify below)	
(Street) COVING			70433 Zip)		- 4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								. Individine)						
1. Title of Security (Instr. 3)				2. Trans	Date Ex (Month/Day/Year) if a		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transa Code (ction	4. Securi	ities Ac	quired	(A) 01	nd !	5. Amo Securit	unt of ties cially	6. Ownership Form: Direct (D) or Indirect		7. Nature of Indirect Beneficial
		Code	v	Amount					()	A) or O)	Price	!	Owned Following Reported Transaction(s) (Instr. 3 and 4)		(I) (Instr. 4)		Ownership (Instr. 4)			
COMMO	ON STOCK 04/01/2013 A 550 ⁽¹⁾ A \$							\$	0	71,805			D							
COMMO	N STOCK														2,058,390 ⁽²⁾ I by					by trust
		Та	able II - C								sed of, onvertib				y Ow	ned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Expiratio	5. Date Exercisable and Expiration Date Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			vative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	vnership rm: rect (D) Indirect	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Ame or Nun of Sha	nber						

Explanation of Responses:

- 1. Represents a restricted stock award granted to the reporting person for service as a non-employee director of the Company, which vested in full on the Grant Date.
- 2. Mr. Hunt is a contingent beneficiary of the William Herbert Hunt Trust Estate. Mr. Hunt disclaims beneficial ownership of the Trust securities, and this report shall not be deemed as an admission that Mr. Hunt is the beneficial owner of such securities for purposes of Section 16 or for any other purpose.

/s/ Paul M. Ordogne, as poa for 04/03/2013 Bruce W. Hunt

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.