FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

vvasimigton,	D.O.	200-0	

ONB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										

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0.5

Check this box if no longer subject to	
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(h)	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	2. Issuer Name and Ticker or Trading Symbol								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
	/LA [HOS]								X Director 10% Owner					
	3. Date of Earliest Transaction (Month/Day/Year) 02/14/2018								X Officer (give title below) Other (specify below) President & CEO					
4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting					
							Person							
	_			1	d, Di				ally	1				
2. Transaction Date (Month/Day/Year)		Execution Date,				4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 ar		(A) or 3, 4 and	nd 5) Securities Beneficiall Owned Fol		,	Form: Direct (D) or Indirect		7. Nature of Indirect Beneficial Ownership
				Code	v	Amount	(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
/2018	2018		M		41,217	A	(1)		982,7	,765				
/2018	2018		D		41,217	D	\$3.4	7 ⁽¹⁾	941,5	941,548				
/2018	2018		F		12,118(2	2) D	\$3.9	91	929,430		Γ)		
										42,511	[⁽³⁾	I		By Limited Partnership
										1,65	0	I	Į.	By Wife
										70,000) ⁽⁴⁾	I		By Family Trusts
										70		I	[By UTMA custodian for child
										220		I	[By IRA
										Owned				
4. Transa Code (I 8)	ction nstr.	5. No of Deri Sect Acq (A) o Disp of (E 3, 4	umber ivative urities uired or oosed O) (Instr. and 5)	6. Date Expirati (Month/	Exerc ion Da Day/Y	isable and te ear)	7. Title and Amou of Securities Underlying Deriv Security (Instr. 3 4) Am or Nur of		nt tive and unt ber	t B. Price of Derivative Security (Instr. 5) Instr. 5) Rej Tra (Instr. 5)		ive ies cially ing ed ction(s)	Form: Direct (D or Indire	Beneficial Ownership ct (Instr. 4)
M	v	(A)	41,217			(1)	COMMON			(1)	82,	436	D	
	ivative action Day/Year Vative puts, 4. Transac Code (I	HORN /LA [F 3. Date of 02/14/20 4. If Amer action Day/Year) 1/2018 1/	HORNBE /LA [HOS 3. Date of Earli 02/14/2018 4. If Amendme 2A. Deer Execution frany (Month/II 2018 22018 22018 241 2018 251 262 273 274 275 276 277 278 278 278 278 278 278	HORNBECK O /LA [HOS] 3. Date of Earliest Trans 02/14/2018 4. If Amendment, Date of Execution Date, if any (Month/Day/Year) 4. W2018 4. V2018 4. Transaction Code (Instr. 8) 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) Code V (A) (D)	HORNBECK OFFSH /LA [HOS] 3. Date of Earliest Transaction (102/14/2018 4. If Amendment, Date of Original Acquired Execution Date, if any (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) Code M/2018 M M/2018 D A/2018 F Arative Securities Acquired, puts, calls, warrants, optically of (D) (Instr. 3, 4 and 5) Code V (A) (D) Date Exercise	HORNBECK OFFSHORI LA	HORNBECK OFFSHORE SERVI LA	HORNBECK OFFSHORE SERVICES IN /LA [HOS] 3. Date of Earliest Transaction (Month/Day/Year) 02/14/2018 4. If Amendment, Date of Original Filed (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) Code V Amount (A) or (D) (D) (Instr. Day/Year) A/2018 M 41,217 A A/2018 D 41,217 D A/2018 F 12,118(2) D A/2018 A 12,118(2)	HORNBECK OFFSHORE SERVICES INC [LA [HOS] 3. Date of Earliest Transaction (Month/Day/Year) 02/14/2018 4. If Amendment, Date of Original Filed (Month/Day/Year) 2A. Deemd Execution Date, if any (Month/Day/Year) Code V Amount (A) or Price (A) Or Price Acquired Acqu	HORNBECK OFFSHORE SERVICES INC // ILA [HOS] 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date of Original Filed (Month/Day/Year) 22A. Deemed Execution Date, if any (Month/Day/Year) 2A. Deemed Execution Date (Not Instr. 3, 4 and 5) 2B. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 2Code V	HORNBECK OFFSHORE SERVICES INC LA [HOS] 3. Date of Earliest Transaction (Month/Day/Year) 02/14/2018 4. If Amendment, Date of Original Filed (Month/Day/Year) 2A. Deemed Day/Year) 2A. Deemed Day/Year) 2A. Deemed Day/Year) 2A. Deemed Day/Year) Code V Amount (A) or Price Transaction Code (Instr. 3) A courties Code Co	HORNBECK OFFSHORE SERVICES INC LA [HOS] 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date of Original Filed (Month/Day/Year)	HORNBECK OFFSHORE SERVICES INC LA [HOS] 3. Date of Earliest Transaction (Month/Day/Year) OZ/14/2018 4. If Amendment, Date of Original Filed (Month/Day/Year) Ozyvear) A. If Amendment, Date of Original Filed (Month/Day/Year) Ozyvear) A. If Amendment, Date of Original Filed (Month/Day/Year) Ozyvear) Ozyvea	HORNBECK OFFSHORE SERVICES INC (Line) (Check all applicable) X Director 10% Other Delow November Other Delow Other Del

Explanation of Responses:

- 1. Represents the one-third vesting and cash settlement of a time-vest phantom restricted stock unit award with a Grant Date of February 14, 2017. Each phantom unit is the economic equivalent of one share of the Company's Common Stock. The phantom shares are payable in cash or stock at the election of the Company. Cash awards are based on a 10 day trailing average of the market price of the Company's stock on the vesting date. No shares were actually issued, converted, or sold in connection with this transaction.
- 2. Disposition of these shares represents payment of tax liability by delivering or withholding securities incident to the vesting of a restricted stock award issued in accordance with Rule 16b-3.
- 3. Represents shares beneficially owned by Reporting Person through a Family Limited Partnership
- 4. Represents shares beneficially owned by Reporting Person through various family trusts.

/s/ Beth A. LaBrosse as POA for Todd M. Hornbeck

02/16/2018

Remarks:

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.