FORM 4

obligations may continue. See Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Nissala and	2225 22							

3235-0287 OMB Number: Estimated average burden hours per response: 0.5

1. Name and Address of Reporting Person* ANNESSA CARL G				2. Issuer Name and Ticker or Trading Symbol HORNBECK OFFSHORE SERVICES INC /LA [HOS]								Check all ap	plicable)	10% (Person(s) to Issuer 10% Owner Other (specify		
(Last) (First) (Middle) 103 NORTHPARK BOULEVARD, SUITE 300					3. Date of Earliest Transaction (Month/Day/Year) 02/23/2012							\dashv	^ belo	below) be Executive Vice President &)`	
(Street) COVINGTON LA 70433 (City) (State) (Zip)				4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) Y Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Tab	le I - Nor	า-Deriva	ative S	Secur	ities Ac	quired	, Dis	posed	l of,	or Bei	nefici	ally Own	ed		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				Exe		A. Deemed xecution Date, any /lonth/Day/Year	Transaction Disposed Code (Instr. 5)			ties Acquired (A) d Of (D) (Instr. 3, 4		nd Secur Benef	ficially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	v	Amou	nt	(A) or (D)	Price	Trans	action(s) 3 and 4)		(111501.4)	
COMMON STOCK 02/23/3					/2012			F		2,5	35 ⁽¹⁾	D	\$4	2.1 1	95,610	D	
		Ta					es Acqu arrants,							y Owned			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	se (Month/Day/Year) if any (Month/Day/Year)		Date,	ransaction of		Expirati	ate Exercisable and ration Date th/Day/Year)		Ai Se Ui De Se	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

1. Disposition of these shares represents payment of tax liability by delivering or withholding securities incident to the vesting of a time-based restricted stock unit award issued in accordance with Rule 16b-3.

(D)

Date

Exercisable

/s/ Paul M. Ordogne as poa for

Number

of Shares

Carl G. Annessa

Title

Expiration

02/27/2012

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.