FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL
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	Check this box if no longer subject to
٦.	Section 16. Form 4 or Form 5 obligations may continue. See
J	obligations may continue. See
	Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							•	<u> </u>				· ·									
1. Name and Address of Reporting Person* ANNESSA CARL G							2. Issuer Name and Ticker or Trading Symbol HORNBECK OFFSHORE SERVICES INC /LA [HOS]										all app	ip of Reporting Per oplicable) octor cer (give title		erson(s) to Issuer 10% Owner Other (specify	
(Last) (First) (Middle) 103 NORTHPARK BOULEVARD, SUITE 300							3. Date of Earliest Transaction (Month/Day/Year) 02/21/2014										X Officer (give title Officer (sp. below) Executive Vice President & CO				
(Street) COVINGTON LA 70433 (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										. Indivine)	idual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Tabl	e I - No	n-Deriv	ative	Se	curiti	es Ac	qu	ıired,	Dis	posed o	f, or	Ben	eficia	ally (Owne	ed			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						ar) i	Execution if any	Deemed ecution Date, ny onth/Day/Year)		Transaction Disposed Code (Instr. 5)		ties Acquired (A) I Of (D) (Instr. 3, 4			l and Secu Ben		cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
							Code	v	Amount	() ()	A) or))	Price		Transaction(s) (Instr. 3 and 4)				(111501.4)			
COMMO	N STOCK	/2014	2014				F		200(1)		D	\$41.34		203,210			D				
COMMON STOCK 02/21/										F		1,977(2	2)	D	\$39.16		201,233			D	
		Та										sed of, onvertib				y Ov	ned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Executior if any (Month/Da	n Date,	4. Transaction Code (Instr. 8)		n of		Ex	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)				vative urity ir. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ov Fo Di or (I)). wnership orm: irect (D) · Indirect (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
		Code	v	(A)	(D)		ate xercisab		Expiration Date	Title	or	nber	er								

Explanation of Responses:

- 1. Disposition of these shares represents payment of tax liability by delivering or withholding securities incident to the vesting of a February 9, 2010 performance-based restricted stock award issued in accordance with Rule 16b-3 and distributed on February 21, 2014.
- 2. Disposition of these shares represents payment of tax liability by delivering or withholding securities incident to the vesting of a February 23, 2011 time-based restricted stock award issued in accordance with Rule 16b-3 and distributed on February 21, 2014.

/s/ Paul M. Ordogne as poa for Carl G. Annessa

02/25/2014

** Signature of Reporting Person

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.