FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-0287								
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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* HUNT BRUCE W					HC	2. Issuer Name and Ticker or Trading Symbol HORNBECK OFFSHORE SERVICES INC /LA [HOS]									Check all	ationship of Reporting k all applicable) Director Officer (give title below)		10% C	Owner	
(Last) (First) (Middle) 103 NORTHPARK BOULEVARD, SUITE 300					3. Date of Earliest Transaction (Month/Day/Year) 02/05/2013										below)			(specify		
(Street) COVING			70433 Zip)		4. If	. If Amendment, Date of Original Filed (Month/Day/Year)									ne) X F	dual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Tabl	e I - Non	-Deriv	ative	Se	curitie	s Acc	quired,	Disp	osed o	f, or	Bene	ficia	ally Ov	vned				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				Execution Date,		ecution Date, any		3. Transaction Dispose Code (Instr. 8)		ities Acquired (A) o d Of (D) (Instr. 3, 4			nd Se Be Ov	Amount of curities neficially ned Following ported	Fo (D	Ownership orm: Direct O) or Indirect) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
							Code	v	Amount	(A (E	() or ()	Price	Tra	nsaction(s) str. 3 and 4)			(1130. 4)			
COMMON STOCK 02/0:			5/2013	/2013			A		637(1))	A	\$	0	71,255		D				
COMMON STOCK													2	2,058,390(2)		I	by trust			
		Та	ble II - D								sed of, onvertib				y Own	ed				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Ye	Date,	Code (Instr		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		str. 3	8. Price Derivati Security (Instr. 5	derivative Securities	ily	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amo or Num of Sha	ber						

Explanation of Responses:

- 1. Represents a restricted stock award granted to the reporting person for service as a non-employee director of the Company, which vested in full on the Grant Date.
- 2. Mr. Hunt is a contingent beneficiary of the William Herbert Hunt Trust Estate. Mr. Hunt disclaims beneficial ownership of the Trust securities, and this report shall not be deemed as an admission that Mr. Hunt is the beneficial owner of such securities for purposes of Section 16 or for any other purpose.

/s/ Paul M. Ordogne, as poa for Bruce W. Hunt

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.