FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name an		2. Issuer Name and Ticker or Trading Symbol HORNBECK OFFSHORE SERVICES INC /LA [HOS]										heck a	all applicable) Director Officer (give title		g Person(s) to Issue 10% Owne Other (spe		wner (specify				
(Last) 103 NOR	(Fi THPARK I	rst) (BOULEVARD, S	(Middle) D, SUITE 300			3. Date of Earliest Transaction (Month/Day/Year) 02/18/2016										below Execu	,	Presid	below) President & COO		
(Street) COVING			70433 (Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check App Line) X Form filed by One Reporting Person Form filed by More than One Report												on			
		Tabl	le I - Nor	า-Deri\	/ative	Se	curitie	s Acc	quired,	Disp	osed o	f, or	Bene	ficia	lly O	wne	d				
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Year)		ar) i	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			4 and Se		5. Amount of Securities Beneficially Owned Following Reported		nership : Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	v	Amount	(1)	A) or D)	Price	. 1	Transaction(s) (Instr. 3 and 4)				(
COMMO	N STOCK			02/1	8/2016	5			F		1,966	(1)	D	\$6	.9	29	8,123	D			
СОММО	N STOCK															5	5,000 I By IR				
		Та	able II - D								sed of, onvertib				y Ow	ned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	Code (Inst		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title Amou Secur Under Deriva Secur and 4	tr. 3	8. Prio Deriva Secur (Instr.	ttive de ty Se 5) Be Ov Fo Re	D. Number of derivative Securities Beneficially Owned Following Reported Transaction(s Instr. 4)	Oi Fo Di Oi (I)	D. wnership orm: irect (D) r Indirect) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amo or Num of Shar	ber							

Explanation of Responses:

1. Disposition of these shares represents payment of tax liability by delivering or withholding securities incident to the vesting of a restricted stock unit award issued in accordance with Rule 16b-3.

Remarks:

/s/ Beth A. LaBrosse, as POA 02/22/2016 for Carl G. Annessa

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.