FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-028								
Estimated average I	nurden								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

37 hours per response: 0.5

1. Name and Address of Reporting Person* HORNBECK LARRY D				HC	2. Issuer Name and Ticker or Trading Symbol HORNBECK OFFSHORE SERVICES INC /LA [HOS]									check all a X Dir Off	oplicable) ector cer (give title	10 Ot	Person(s) to Issuer 10% Owner Other (specify		
(Last) (First) (Middle) COUNTY ROAD 3195, PO BOX 590					3. Date of Earliest Transaction (Month/Day/Year) 11/13/2008									below) below)					
(Street) LOVELA			75851 Zip)		- 4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									S. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Tabl	e I - No	n-Deriv	ative	Sec	curitie	s Acc	uired	, Dis	posed o	f, or	Bene	ficia	ally Owi	ned			
Date			Date	2. Transaction Date Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4						6. Ownersh Form: Direc (D) or Indire (I) (Instr. 4)	t of Indirect		
									Code	v	Amount		A) or D)	Price	Tran	saction(s) r. 3 and 4)		(iiisti. 4)	
COMMON STOCK 11/13/3					/2008	2008		P		100	100		\$17.	57	136,372	D			
COMMON STOCK 11/13				/2008	2008			P		900		A	\$17.	62	137,272	D			
COMMON STOCK 11/13/				/2008	2008			P		3,800		A :	\$17.6	618	141,072				
COMMON STOCK 11/13/2				/2008				P 1,200			A	\$ 17 .	56	142,272	D				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	re Conversion or Exercise Price of Derivative Security Date (Month/Day/Year) Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Respond to the control of th			Transa Code (5. Nu of Deriv Secu Acqu (A) or Dispo of (D) (Instr and 5	rative rities ired r osed) : 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amoun or Numbe of Title Shares		ount ober	8. Price o Derivative Security (Instr. 5)		Owners Form: Direct (I or Indire (I) (Instr	Beneficial Ownership ct (Instr. 4)		

Explanation of Responses:

/s/ Paul M. Ordogne, as poa for 11/13/2008 Larry D. Hornbeck

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.