## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response: 0.5

| 1. Name and Addre   | 1 0     | rson* | 2. Issuer Name and Ticker or Trading Symbol<br><u>HORNBECK OFFSHORE SERVICES INC</u><br>/ <u>LA</u> [ HOS ] |                   | tionship of Reporting Per<br>all applicable)<br>Director | son(s) to Issuer<br>10% Owner |
|---|---------|-------|---|-------------------|--|-------------------------------|
| (Last) (First) (Middle)<br>COUNTY ROAD 3195, PO BOX 590<br>(Street) |         | ( )   | 3. Date of Earliest Transaction (Month/Day/Year)<br>12/28/2012  |                   | Officer (give title below)                               | Other (specify below)         |
|   |         |       | 4. If Amendment, Date of Original Filed (Month/Day/Year)  | 6. Indiv<br>Line) | vidual or Joint/Group Filing (Check Applicable           |                               |
| LOVELADY  | ТХ      | 75851 |   | X                 | Form filed by One Rep<br>Form filed by More tha          | ,                             |
| (City)  | (State) | (Zip) |   |                   | Person   |                               |

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 3.<br>Transa<br>Code (<br>8) |   |                      |               | 5. Amount of<br>Securities<br>Beneficially<br>Owned Following<br>Reported | 6. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4) | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |                       |
|---------------------------------|--|---|------------------------------|---|----------------------|---------------|---|---|---|-----------------------|
|                                 |  |   | Code                         | v | Amount               | (A) or<br>(D) | Price   | Transaction(s)<br>(Instr. 3 and 4)                                |   | (1150.4)              |
| COMMON STOCK                    | 12/28/2012                                 |   | М                            |   | 1,700 <sup>(1)</sup> | A             | \$11.2  | 198,106   | D   |                       |
| COMMON STOCK                    | 12/28/2012                                 |   | S                            |   | 1,700 <sup>(1)</sup> | D             | \$34.105(2)   | 197,106   | D   |                       |
| COMMON STOCK                    |  |   |                              |   |                      |               |   | 30,000  | Ι   | by<br>family<br>trust |

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | Transaction De<br>Code (Instr. Se<br>8) Ac<br>or<br>of |   | Deri<br>Sec<br>Acq<br>or D<br>of ([ | umber of<br>vative<br>urities<br>uired (A)<br>isposed<br>)) (Instr.<br>and 5) | 6. Date Exercisable and<br>Expiration Date<br>(Month/Day/Year) |                    | 7. Title and Amount<br>of Securities<br>Underlying<br>Derivative Security<br>(Instr. 3 and 4) |  | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|---|---|--|---|--|---|-------------------------------------|---|--|--------------------|---|--|---|--|--|--|
|   |   |  |   | Code   | v | (A)                                 | (D)   | Date<br>Exercisable  | Expiration<br>Date | Title   | Amount<br>or<br>Number<br>of<br>Shares |   | Transaction(s)<br>(Instr. 4)   |  |  |
| STOCK<br>OPTION<br>(right to<br>buy)                | \$11.2  | 12/28/2012                                 |   | М  |   |                                     | 1,700 <sup>(1)</sup>  | (3)  | 03/13/2013         | COMMON<br>STOCK   | 1,700                                  | \$0   | 0  | D  |  |

### Explanation of Responses:

1. Represents a broker-assisted exercise and sale of an employee stock option award granted to the reporting person for service as a non-employee director of the Company on March 13, 2003 that would expire on March 13, 2013.

2. The price represents the weighted average sale price for multiple transactions reported on this line. Sale prices ranged from \$33.99 to \$34.30. Reporting Person will provide, upon request by the Commission staff, the Issuer, or a security holder of the Issuer, full information regarding the number of shares purchased at each separate purchase price.

3. The option provides for vesting in three equal annual installments on the 1st, 2nd and 3rd anniversaries of the March 13, 2003 Grant Date.

# /s/ Paul M. Ordogne, as poa for 01/02/2013

Larry D. Hornbeck

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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