FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL											
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

									.,												
1. Name and Address of Reporting Person* HARP JAMES O JR						HC	2. Issuer Name and Ticker or Trading Symbol HORNBECK OFFSHORE SERVICES INC /LA [HOS]										Check all a	nship of Reporting Po applicable) Director Officer (give title		Person(s) to Issuer 10% Owner Other (specify	
(Last) (First) (Middle) 103 NORTHPARK BOULEVARD, SUITE 300						3. Date of Earliest Transaction (Month/Day/Year) 02/23/2012										X Officer (give title Other (specify below) Executive Vice President & CFO					
(Street) COVINGTON LA 70433 (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
			Tabl	e I - Nor	n-Deriv	ative	Se	curit	ies Ac	cqu	ıired,	Dis	posed o	f, or	Bene	ficia	ally Ow	ned			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						- 1	Execut if any	2A. Deemed Execution Date, if any (Month/Day/Year)				Disposed	rrities Acquired (A) ed Of (D) (Instr. 3,			nd Sec Ben Owr	mount of urities eficially ed Following orted	For (D)	Ownership m: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership	
											Code	v	Amount		A) or D)	Price	Trai	saction(s) r. 3 and 4)			(Instr. 4)
COMMON STOCK 02/23/							2				F		2,535 ⁽	1)	D	\$42	2.1	175,084		D	
COMMON STOCK																12,784		I	By IRA		
			Та	ble II - C									sed of, onvertib				y Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	on D se (f	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,		Transaction Code (Instr.		of E		6. Date Exercisable ar Expiration Date (Month/Day/Year)			d 7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		str. 3	8. Price o Derivative Security (Instr. 5)		Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Ownership	Beneficial Ownership (Instr. 4)
						Code	v	(A)	(D)		ate xercisab		Expiration Date	Title	or	ount nber res					

Explanation of Responses:

1. Disposition of these shares represents payment of tax liability by delivering or withholding securities incident to the vesting of a time-based restricted stock unit award issued in accordance with Rule 16b-3.

/s/ Paul M. Ordogne, as poa for James O. Harp, Jr.

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.