FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APP	ROVAL
OMB Number	3235-02

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MELCHER PATRICIA B					HC	2. Issuer Name and Ticker or Trading Symbol HORNBECK OFFSHORE SERVICES INC /LA [HOS]									theck all ap	pplicable) ector		Person(s) to Issuer 10% Owner	
(Last) (First) (Middle) 103 NORTHPARK BOULEVARD, SUITE 300						3. Date of Earliest Transaction (Month/Day/Year) 07/05/2007									Offi belo	cer (give title ow)		Other (specify below)	
(Street) COVINC		.A State)	70433 (Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Т	able I - Noi	n-Deriv	ative	Se	curitie	s Ac	quired,	Disp	osed o	of, or	Bene	eficia	ılly Own	ed			
1. Title of Security (Instr. 3) 2. Trans Date (Month/l					2A. Deemed Execution I oay/Year) if any (Month/Day		n Date,	Code (Instr.						nd Secu Bene Owne	ficially ed Following	6. Owner Form: Dir (D) or Ind (I) (Instr.	rect lirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
										v	Amount	(1	A) or D)	Price	Trans	Reported Transaction(s) (Instr. 3 and 4)			(11150.4)
Common Stock					7/05/2007		07/05	/2007	S ⁽¹⁾		400	D		\$4	0 27,366		D		
			Table II - I						ired, Di option						y Owned	I			
1. Title of Derivative Security (Instr. 3)	vative Conversion urity or Exercise (Month/Day/Year) Price of Derivative Security Conversion Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Security S			4. Transa Code (8)			Expiration (Month/Da	Date Exercisable and expiration Date Month/Day/Year) Pate Expiration Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amour or Numbe of Title Shares		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owner Form Direct or Ind (I) (In	: t (D) lirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Explanation of Responses:

 $1.\ The\ sales\ reported\ in\ this\ Form\ 4\ were\ effected\ pursuant\ to\ a\ Rule\ 10b5-1\ trading\ plan\ adopted\ by\ the\ reporting\ person\ on\ September\ 1,\ 2006.$

/S/ Paul M. Ordogne, as poa for Patricia B Melcher

07/05/2007

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.