FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| <b>STATEMENT</b> | <b>OF CHANGES</b> | IN BENEFICIAL | OWNERSHIP |
|------------------|-------------------|---------------|-----------|

| l | OMB APPRO              | VAL       |
|---|------------------------|-----------|
|   | OMB Number:            | 3235-0287 |
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|   | hours per response:    | 0.5       |
|   |                        |           |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person*  MELCHER PATRICIA B |  |  |   |                              | 2. Issuer Name and Ticker or Trading Symbol HORNBECK OFFSHORE SERVICES INC /LA [ HOS ] |   |   |   |  |                    |                     |  | Cr                              | neck all ap<br>X Dire  | plicable)<br>ctor                                   | g Person(s) to Issuer  10% Owner  |   |  |
|--|--|--|---|------------------------------|--|---|---|---|--|--------------------|---------------------|--|---------------------------------|--|---|---|---|--|
| (Last)<br>103 NOR  | `  | rst) (                                     | Middle) SUITE 30                                    | 00                           |  | 3. Date of Earliest Transaction (Month/Day/Year) 02/06/2018 |   |   |  |                    |                     |  |                                 |  | belo  | er (give title<br>w)  | Other (specify below)   |  |
| (Street) COVINGTON LA 70433 (City) (State) (Zip)             |  |  |   | 4. If                        | 4. If Amendment, Date of Original Filed (Month/Day/Year)                               |   |   |   |  |                    |                     |  | Lin                             | Individual or Joint/Group Filing (Check Applicable ine)  X Form filed by One Reporting Person Form filed by More than One Reporting Person |   |   |   |  |
|  | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned |  |   |                              |  |   |   |   |  |                    |                     |  |                                 |  |   |   |   |  |
| Di   |  |  |   | Date                         | Date   |   | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) |   | Code (   | Transaction Dispo  |                     | Securities Acquired (A) sposed Of (D) (Instr. 3, |                                 |  | Secui<br>Bene                                       | icially<br>d Following  | 6. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4) | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership                |
|  |  |  |   |                              |  |   | Code  | v | Amount   | (A<br>(C           | () or<br>()         | Price  | Trans                           | action(s)<br>3 and 4)  |   | (Instr. 4)  |   |  |
| COMMON STOCK 02.   |  |  |   |                              | 5/2018   | 2018  |   | P |  | 5,503 <sup>(</sup> | 1)                  | A  | A \$3.21                        |  | 22,191  | D   |   |  |
| COMMON STOCK   |  |  |   |                              |  |   |   |   |  |                    |                     |  |                                 | 1,000  | I   | by IRA  |   |  |
|  |  | Та   | able II - D   |                              |  |   |   |   |  |                    | sed of,<br>onvertib |  |                                 |  | Owned   |   |   |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)          | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security            | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Da<br>if any<br>(Month/Day/ | Date, Transacti<br>Code (Ins |  |   |   |   | 6. Date Exercisab<br>Expiration Date<br>(Month/Day/Year) |                    | •                   | Amount of  |                                 |  | 3. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|  |  |  |   |                              | Code V   |   | (A)   |   | Date<br>Exercisal  |                    | Expiration<br>Date  | Title  | Amor<br>or<br>Num<br>of<br>Shar | ber  |   |   |   |  |

## **Explanation of Responses:**

1. This transaction was effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person on September 7, 2017.

## Remarks:

/s/ Beth A. LaBrosse as POA 02/08/2018 for Patricia B. Melcher

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.