FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL							
OMB Number:	3235-0104						
Estimated average burden							
hours per response:	0.5						

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* STARCK NORI VACCARI 2. Date of Event Requiring Statement (Month/Day/Year) 03/25/2004				nent	3. Issuer Name and Ticker or Trading Symbol HORNBECK OFFSHORE SERVICES INC /LA [HOS]							
(Last) 90 PRINCE S	(First)	(Middle)			Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner			5. If Amendment, Date of Original Filed (Month/Day/Year)				
					Officer (give title below)	Other (specify below)		6. Individual or Joint/Group Filing (Check Applicable Line)				
(Street)					Affiliate of 10% owner			X Form filed by One Reporting Person				
NEW YORK	NY	10012							Form filed b Reporting P	y More than One erson		
(City)	(State)	(Zip)										
Table I - Non-Derivative Securities Beneficially Owned												
1. Title of Security (Instr. 4)					eneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		4. Nature of Indirect Beneficial Ownership (Instr. 5)				
Common Stock					60,378	D						
Common Stock					2,051,746(1)	I		by affiliation				
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)												
1. Title of Derivative Security (Instr. 4)			2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securit Underlying Derivative Securit		4. Conver or Exer Price o	rcise	5. Ownership Form: Direct (D)	6. Nature of Indirect Beneficial Ownership (Instr. 5)		
			Date Exercisable	Expiratior Date	n Title	Amount or Number of Shares	Derivat Securit	ive	or Indirect (I) (Instr. 5)			

Explanation of Responses

1. Represents shares held directly by Cari Investment Company. Nori Vaccari Starck, the reporting person, Christian G. Vaccari and Jon P. Vaccari are each a one-third shareholder of Cari Investment Company. Due to their shared voting and dispositive power over Cari Investment Company, each may be deemed to exercise shared voting and dispositive power over the shares of the issuer held directly by Cari Investment Company. Nori Vaccari Starck disclaims beneficial ownership of two-thirds of such shares.

Remarks:

This form gives effect to a 1-to-2.5 reverse stock split effected March 5, 2004.

<u>/s/ Nori Vacarri Stark</u> <u>05/19/2004</u>
** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.